

## **Don't ignore your AAA screening, it could save your life.**

- AAA screening reduces your risk of dying from an AAA (Abdominal Aortic Aneurysm).
- Men aged 65 are invited for a one-off ultrasound screening test.
- If you are over 65 you can refer yourself for screening by phoning your local screening office: South East Wales - 01443 23 51 61, West Wales - 01792 45 31 62, North Wales - 01492 86 35 63.
- An AAA is a swelling of the aorta. This is the main blood vessel that supplies blood to the body. There is a risk that an AAA may split or rupture.
- There is a high risk of dying from a ruptured AAA. Finding an aneurysm early gives you the best chance of treatment and survival.
- AAA screening is a free NHS test that is carried out in community clinics.
- We will send you an appointment letter and leaflet when you are due for screening. Read the information carefully to help you make your decision about taking part in AAA screening.
- The test is a simple, ultrasound scan of your abdomen to measure the size of the aorta. The screener will tell you your result at the time of the test.
- The screening test is not 100% accurate and surgery for AAA carries risks.
- Taking part in AAA screening is your choice.

## **What you can do:**

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- Take part in AAA screening and follow-ups when you are invited.
- Keep a healthy weight, be active, stop smoking and drink less alcohol.

## **To find out more:**

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Contact your local screening office: South East Wales – 01443 235161, West Wales – 01792 453162, North Wales – 01492 863563 or email: [aaa.screening@wales.nhs.uk](mailto:aaa.screening@wales.nhs.uk)  
Visit [www.aaascreening.wales.nhs.uk](http://www.aaascreening.wales.nhs.uk) or speak to your GP.



